

Food allergen awareness and control in catering handbook

4th Edition March 2025

ISBN: 978-1-915256-72-0

Date of update:
March 2025

The following updates have been made to the 4th edition of this publication.

Page No	Update comments																																																												
General	<p>The Food Standards Agency has updated its guidance for allergens. These changes have been implemented in the 4th edition of this publication.</p> <p>Further information can be found here: Allergen guidance for food businesses Food Standards Agency</p>																																																												
5	<p>The allergen information and associated graphics have been updated in line with the latest Food Standards Agency guidance.</p> <p>Specifically, the term ‘Nuts’ has been revised to ‘Tree nuts’.</p> <div data-bbox="223 896 1149 1209" style="text-align: center;"> </div>																																																												
9	<p>Allergen chart: This has been updated as follows:</p> <p>‘Nuts’ has been updated to ‘Tree nuts’.</p> <div data-bbox="199 1444 1189 1960" style="text-align: center;"> <table border="1"> <thead> <tr> <th data-bbox="268 1451 518 1646">FOOD MENU</th> <th data-bbox="523 1451 561 1646">Milk</th> <th data-bbox="566 1451 604 1646">Egg</th> <th data-bbox="609 1451 647 1646">Lupin</th> <th data-bbox="652 1451 691 1646">Sulphur Dioxide</th> <th data-bbox="695 1451 734 1646">Gluten</th> <th data-bbox="738 1451 777 1646">Celery</th> <th data-bbox="782 1451 820 1646">Crustaceans</th> <th data-bbox="825 1451 863 1646">Molluscs</th> <th data-bbox="868 1451 906 1646">Fish</th> <th data-bbox="911 1451 949 1646">Mustard</th> <th data-bbox="954 1451 992 1646">Soybean</th> <th data-bbox="997 1451 1035 1646">Peanut</th> <th data-bbox="1040 1451 1078 1646">Sesame</th> <th data-bbox="1083 1451 1121 1646">Treenuts</th> </tr> </thead> <tbody> <tr> <td data-bbox="268 1653 518 1742">Fish, bean and rice bowl Titapia, black beans, slaw, guacamole and pickled onions</td> <td data-bbox="523 1653 561 1742">✓</td> <td data-bbox="566 1653 604 1742"></td> <td data-bbox="609 1653 647 1742"></td> <td data-bbox="652 1653 691 1742"></td> <td data-bbox="695 1653 734 1742"></td> <td data-bbox="738 1653 777 1742">✓</td> <td data-bbox="782 1653 820 1742"></td> <td data-bbox="825 1653 863 1742"></td> <td data-bbox="868 1653 906 1742">✓</td> <td data-bbox="911 1653 949 1742"></td> <td data-bbox="954 1653 992 1742"></td> <td data-bbox="997 1653 1035 1742"></td> <td data-bbox="1040 1653 1078 1742"></td> <td data-bbox="1083 1653 1121 1742"></td> </tr> <tr> <td data-bbox="268 1749 518 1839">Seafood & Chorizo Paella Saffron rice, with chicken, prawns, clams and vegetables</td> <td data-bbox="523 1749 561 1839"></td> <td data-bbox="566 1749 604 1839"></td> <td data-bbox="609 1749 647 1839"></td> <td data-bbox="652 1749 691 1839">✓</td> <td data-bbox="695 1749 734 1839"></td> <td data-bbox="738 1749 777 1839"></td> <td data-bbox="782 1749 820 1839">✓</td> <td data-bbox="825 1749 863 1839">✓</td> <td data-bbox="868 1749 906 1839"></td> <td data-bbox="911 1749 949 1839"></td> <td data-bbox="954 1749 992 1839"></td> <td data-bbox="997 1749 1035 1839"></td> <td data-bbox="1040 1749 1078 1839"></td> <td data-bbox="1083 1749 1121 1839"></td> </tr> <tr> <td data-bbox="268 1845 518 1957">Avocado & Cos Salad Mixed beans, edamame, herbs, carrots, peanuts and cashews</td> <td data-bbox="523 1845 561 1957"></td> <td data-bbox="566 1845 604 1957"></td> <td data-bbox="609 1845 647 1957"></td> <td data-bbox="652 1845 691 1957"></td> <td data-bbox="695 1845 734 1957"></td> <td data-bbox="738 1845 777 1957"></td> <td data-bbox="782 1845 820 1957"></td> <td data-bbox="825 1845 863 1957"></td> <td data-bbox="868 1845 906 1957"></td> <td data-bbox="911 1845 949 1957"></td> <td data-bbox="954 1845 992 1957">✓</td> <td data-bbox="997 1845 1035 1957">✓</td> <td data-bbox="1040 1845 1078 1957">✓</td> <td data-bbox="1083 1845 1121 1957">✓</td> </tr> </tbody> </table> </div>	FOOD MENU	Milk	Egg	Lupin	Sulphur Dioxide	Gluten	Celery	Crustaceans	Molluscs	Fish	Mustard	Soybean	Peanut	Sesame	Treenuts	Fish, bean and rice bowl Titapia, black beans, slaw, guacamole and pickled onions	✓					✓			✓						Seafood & Chorizo Paella Saffron rice, with chicken, prawns, clams and vegetables				✓			✓	✓							Avocado & Cos Salad Mixed beans, edamame, herbs, carrots, peanuts and cashews											✓	✓	✓	✓
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11	<p>Pre-packed for direct sale Additional information has been added as follows:</p> <ul style="list-style-type: none"> ensure written information is readily available and that customers are informed of where to find it, for example on a menu, a board or a label.
12	<p>Front-of-house controls The following information has been updated to:</p> <ul style="list-style-type: none"> Communication between customers and key personnel should be clear, both verbally and in writing
15	<p>Menus The following information has been added:</p> <ul style="list-style-type: none"> Ensure written allergen information is available, if possible without customers having to ask, for example on the main menu or matrix displayed on a wall.
18	<p>Allergen policy The following information has been added:</p> <p>Written allergen information should be provided to the customer before they order and again when their food is delivered. This could be on the main menu or easily accessible on a website.</p>
21	<p>Appendix (ii) – The allergens The images have been updated and ‘NUTS’ has been updated to ‘Tree NUTS’</p>
24	<p>Other publications The following publication has been added to the list:</p> <ul style="list-style-type: none"> Allergen Information for Non-Prepacked Food from the Food Standards Agency

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